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# SCB NEWS

A Quarterly News Letter for Service and Advocacy  
from SENIOR CITIZENS BUREAU  
(Estd. 3/1996 & Reg. No. 370/2002)

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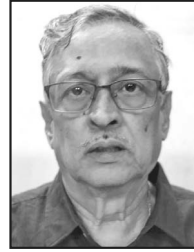
*Senior Citizens Bureau Wishes all it's Members*  
**A VERY HAPPY NEW YEAR 2025**

## *Chairman's Message*

First of all, I would like to convey my heartiest greetings to all members for a VERY HAPPY AND PROSPEROUS NEW YEAR 2025.

During this quarter, People all over the world celebrated the International day for older people on 1st October 2024 as being celebrated every year. This year's theme of International day of Older people is "Ageing with Dignity; The importance of strengthening care and support systems for older persons world wide." The day will focus on the need to strengthen care and support systems for older people and will include discussions on policies. The day seeks to promote an age inclusive agenda and to recognize the rights of both older people and caregivers. Let us work together to promote a society for all ages with equal rights and promote everlasting intergenerational bonding.

Our Quarterly Meeting for the Quarter October to December 2024 has been delayed due to some unavoidable circumstances and now it has been decided to conduct



our meeting on 21st December 2024 at Andhra Chamber of Commerce building, West CIT Nagar Nandanam, Chennai at 10am to commemorate the observance of INTERNATIONAL DAY

FOR ELIMINATION OF VIOLENCE AGAINST WOMEN. Shri Suresh Kumar Ranganathan, (இந்திராநீலன் சுரேஷ்) a popular writer and author of many short stories and articles published in popular Magazines like Kalaimagal, Kalki, Amuthasurabhi, Kunkumam, Mangayarmalar etc will participate as Chief Guest.

The United Nations General Assembly has designated 25th November as the International day for Elimination of Violence against Women. (Resolution 54/134) The day is observed Annually to raise awareness of Violence against women. The 2024 campaign for the International Day for Elimination of Violence against women

is called «Every 10 minutes, a woman is killed. No Excuse, United to End violence against women» The Campaign will run from November 25 to December 10 will culminate on International Human Rights Day. This Campaign is specially relevant for achieving Gender equality and women and girls rights everywhere. It is high time that we come to gather and eliminate all kinds of violence against women.

I take this opportunity to earnestly appeal to all our members to please make it convenient to attend the meeting in large numbers and

make the event a grand success.

We have also proposed to bid farewell to our Immediate Past Chairman Shri C.N.Prasad who is shifting from Chennai to Hyderabad to stay with his son for good. We fervently hope that our members will join with us at the Felicitation.

I once again wish all our members for a Very Happy and prosperous New Year 2025.

With regards,

**T. V.NAGARAJAN,**  
CHAIRMAN, SCB

### *Message from Secretary General*

I hope that all of our members have celebrated Deepavali festival in a grand manner.

I also take this opportunity to wish you Merry Christmas and Happy New Year 2025

After Our “World Elder Abuse Awareness Day” Celebration and Our “Annual General Body Meeting on 12th July 2024 at Andhra Chamber of Commerce, Nandanam, I had been to “USA” to spend Our time with my Son and Daughter. We also celebrated my 80th Birthday on 5th October 2024



*(Celebration of my 80th Birthday in USA)*



After missing your Communication and Contract for nearly 4 months. We return to India on 11th November 2024. We are glad to inform you that

we have arranged “Our Quarterly meeting on 21st December 2024 at Andhra Chamber of Commerce, Nandanam.

Since our Past Chairman and Our Active Member Thiru. C.N. Prasad is shifting his residence to Hyderabad, we have planned to bid Farewell by honoring him on that day.

Members are requested to attend the function with your friends and relatives in large number to make it a grand success.

Thanking you.

**P. Sethu Seshan,**  
Secretary General, Senior Citizen’s Bureau.



Committed to serve

227<sup>th</sup> Event  
**SENIOR CITIZENS BUREAU  
 CHENNAI**

Cordially invites Members to  
 Attend our Quaterly meeting  
 Organized for observance of  
**INTERNATIONAL DAY FOR  
 ELIMINATION OF  
 VIOLENCE AGAINST WOMEN**

On **21st December 2024 (Saturday) 10 AM**

**Venue: Andhra Chamber of Commerce**  
 No. 23, 3rd Cross Street, West CIT Nagar,  
 Nandanam, Chennai 600 035  
 (Opp. To Sardapet Bus Station and  
 behind Amrita Catering Institute)

Presidential by:  
**Thiru T.V. NAGARAJAN**, Chairman, SCB

Chief Guest:  
**Thiru SURESH KUMAR RANGANATHAN**  
 (இந்திரநீலன் சுரேஷ்) Popular writer and author  
 of many short stories and articles published in  
 popular magazines / Member, Tamil Studies UK  
 (ஐக்கிய இராஜ்ய தமிழ்த்துறை)

Presence of  
**Thiru C.N. PRASAD**  
 Immediate Past Chairmen SCB

We request you to please attend this meeting  
 with your family and friends

With Regards,  
**Dr. P. SETHU SESHAN**, Secretary General SCB

**PROGRAMME**

1. Invocation  
10.15 am
2. Welcome Address by:  
**Shri P. Sethushan**,  
Secretary General, SCB
3. Presidential Address by:  
**Shri. T.V. Nagarajan**, Chairman, SCB
4. Special Address by:  
**Suresh Kumar Ranganathan**,  
(இந்திரநீலன் சுரேஷ்)  
(Popular Author and Writer)  
Topic: “அச்சம் தவீர்”
5. Farewell and Felicitation to:  
**Shri C.N.Prasad**,  
Immediate Past Chairman, SCB  
by  
**Shri R.T Namasivayam**,  
Past President, Probus Club,  
Committee member, SCB  
and  
**Dr.V. Kanagasabai MD**,  
Vice Chairman, SCB
6. Acceptance Speech by:  
**Shri C.N.Prasad**, Past Chairman, SCB
7. Vote of Thanks by:  
**Sampath Kumar**, Treasurer, SCB
8. National Anthem

Lunch 12.30 pm

**We are congratulating the following members who were honored with Life Time Award from CASA GRAND “என் CHENNAI” organisation.**



**1. Thiru R.T. Namachivayam, Committee Member**



**2. Thiru A. Ramaiah, Our Active Member**



**We congratulate our Chairman (Emirate) Capt. M. Singaraja who performed his 60th Wedding Anniversary at his native place in simple manner.**

Dear Sir / Madam,

Greetings from Dr.V.S. Natarajan Geriatric Foundation

On behalf of Dr.V.S. Natarajan Geriatric Foundation, the book ‘Muthiyor Nalanil Siddha Maruthuvam’ (Siddha Medicine for elder wellness) was released at the Government Sidha Medical College, Arumbakkam, Chennai on 15/11/2024. The book was released by Honourable Justice S. Rajeshwaran, Former Judge, Madras High Court and the first copy was received by Prof. Dr. K. Kanagavalli, Principal, Government Siddha Medical College, Chennai. Freedom Fighter Thiru Lakshmikanthan Bharathi graced the occasion as the guest of honour. Author of the book Dr. S. Arul Sorubi delivered the acceptance speech and Publisher of the book Padma Shri Dr.V.S. Natarajan delivered the keynote address.

All the articles in the book are written in an easy to read manner so that it does not only appeal to the elderly but also to their family members.

I earnestly request you to by that book and get benefit outfit.

Thank you

Yours truly  
**(Dr. V.S. NATARAJAN)**

Mobile: 9500078740

Photograph: (left to right)



Prof. Dr.K. Kanagavalli, Principal, Govt Siddhe Medical College, Honourable Justice Rajeswaran, Retired Judge, Madras High Court, Geriatrician Padma Shri Dr.V.S. Natarajan, Siddha Practitioner Dr. S. Arul Sorubi, Freedom Fighter Lakshimanthan Bharathi, Mr. Rajasekaran Manimaran, Co-Fpunder & Managig Trustee Dr.V.S. Natarajan Geriatric Foundaiton

## News from Net Working Associates



**1. IOBIANS 6070:** Celebrated “World Elders Day” at Ethiraj College, Chennai on 19th October 2024.



**3. Probus Club Chennai:** On World Eldersday Celebration of our Member Thiru A. Ramaiah, Thiri S. Ranganatha Rao and Thiru C.N. Prasad were honoured.



**2. Helpage India:** Celebrated World Elders Day” at Kuchalambal Kalyana Mandapam on 1st October 2024. Our Chairman. Thiru T.V. Nagarajan was honoured.



**4. Kavery Hospital Alwarpet, Chennai:** The Hospital Launched the Programme of “Health Checkup For Elderly at Home” on 19th November 2024. Our past Chairman Padmashri Dr.V.S. Natarajan (Father of Geriatrics in India) was Chief guest for this function, and most of our active members participated the function.

## **Ayash Man Bharat - Pradman Mantri Jan Arogya Yojana (AB - PMJAY)**



All eligible member are advised to avail the above scheme and enjoy Health Insurance Cover upto 5 Lakhs. Our E.C. Member Thiru R. T. Namasivayam has already got cover under this scheme.

**Secretary General**

### **14 lakh Ayushman cards for senior citizens created: Centre**

Approximately 14 lakh Ayushman Vay Vandana cards have been created for senior citizens aged 70 and above under the expanded Ayushman Bharat-Pradhan Mantri Jan Arogya Yojana (AB-PMJAY) to provide free treatment benefits irrespective of their socio-economic status, Union Minister of State for Health and Family Welfare Prataprao Jadhav informed the Lok Sabha on Friday. The scheme provides cashless healthcare services related to 1961 procedures across 27 medical specialties. The Health Ministry added that as on October 31, a total of 29,870 hospitals were empanelled, including 13,173 private hospitals.

### **Donations Received**

Name	LM No.	Date	Amt. Rs
1. Mrs. Nirmala Rayappa	463	21/5/24	1500/-
2. Mr. P.R. Chandran	950	22/5/24	500/-
3. Mr. R. Rajendran	793	9/6/24	1000/-
4. Mr. N. Sampath Kumar	947	16/6/24	1001/-
5. Dr. P. Sethu Seshan	866	12/7/24	3500/-
6. Mr. Narayanan		16/7/24	1000/-
7. R. Venkatesan	7	22/7/24	5000/-
8. Capt. M. Singaraja	3	12/9/24	1060/-
9. Mr. A. Raman	520	-do-	1000/-
10. Mrs. Mumtaz Begam	827	17/9/24	1000/-
11. Dr. Krishna Moorthy	492	19/9/21	500/-
12. Mr. Sudarshan	677	11/11/24	4760/-
13. Mr. V.S. Venugopalan	576	25/11/24	500/-

***Minutes of Annual General Meeting Held on  
12th July, 2024 at 11 A.M. at Andhra Chamber  
of Commerce, No. 23, 3rd Cross Street,  
West CIT Nagar, Nandanam, Chennai - 600 035.***

Annual General Meeting commenced at 11.00 a.m. with the presence of very little gathering. Since the required quorum was not there to conduct AGM, our Chairman Thiru. T.V. Nagarajan postponed the meeting by an hour. As there was improvement in attendance, the meeting commenced at 12.00 noon. After Prayer, Chairman Thiru. T.V. Nagarajan, Secretary General Dr. P. Sethushan and out Ex-Chairman Thiru. C.N. Prasad occupied the dias.

1. After welcome address by Secretary General, as per Agenda, he read out the minutes of our 21st AGM of 2022-23 held on 30th September, 2023. It was adopted unanimously.

2. Annual Report for the Financial Year ending 31st March, 2024 was read out by Secretary General and was adopted unanimously.

3. Audited Balance Sheet and Financial Reports were circulated to all members before the meeting along with AGM Notice. After detailed deliberations and

clarifications the Audited Balance Sheet was unanimously adopted.

4. It was unanimously decided to continue the services of our Auditors M/s. A. John Moris & Co., Chennai with an annual payment of Rs. 8,000 + GST Payable (Rs. 9,440/-)

5. As per Agenda, Secretary General announced about the Election of New Office bearers and New Team of Executive Committee Members for the ensuing term. For this members responded with a request to the Present Office bearers to continue in their respective posts and were re-elected.

6. The AGM came to an end with Vote of Thanks by our Asst. Sec. General Thiru. T.V. Nanda Kumar. He thanked all members for their valuable co-operation and smooth conduct of AGM.

Thanking you,

**P.Sethu Seshan**

Secretary General,  
Senior Citizen's Bureau

## Birthdays - October, November, December 2024

LMNO	DOB	NAME (Thiru/Tmt)				
1	LM 409	01-Oct-39	Thiru Raju D V	7	AM 459	07-Nov-43 Thiru Selvaraj R
2	LM 42	01-Oct-35	Thiru Ramlingam N	8	LM 805	10-Nov-47 Thiru Pandian P.M
3	LM 293	03-Oct-39	Er. Murugaiyan S	9	LM 483	10-Nov-45 Thiru Agararwal R .K
4	LM 866	05-Oct-44	Thiru Sethu Seshan P	10	LM 522	13-Nov-39 Thiru Dominic A
5	LM 576	05-Oct-28	Thiru Venugopalan V S	11	LM 915	15-Nov-56 Dr Anantharaman V.V
6	LM 887	06-Oct-34	Thiru Balasubramanian VV	12	LM 130	16-Nov-38 Thiru Vadivel Raman P.
7	LM 825	07-Oct-34	Thiru Lokiah Naidu V	13	LM 774	18-Nov-32 Tmt Kokila D C/o.P.S.Rajam
8	LM 502	10-Oct-44	Tmt Rajam P S	14	LM 883	18-Nov-35 Thiru Manoharan K
9	LM 770	10-Oct-43	Thiru Ramgopal V K (Lion)	15	LM 823	19-Nov-49 Thiru Tharakaram G.N
10	LM 582	11-Oct-50	Prof Dr Baahirathi R	16	LM 908	23-Nov-38 Tmt Yashodha K
11	LM 790	15-Oct-33	Thiru Ramamurthy P V	17	LM 100	30-Nov-32 Thiru Krishnamoorthy, K.N.C/o The Manager
12	LM 790	15-Oct-33	Thiru Ramamurthy T.V			
13	LM 933	16-Oct-44	Thiru Sankaran, S.V			
14	LM 797	16-Oct-39	Thiru Dhandapani V	1	LM 604	01-Dec-42 Dr Rajagopalan N
15	LM 776	17-Oct-32	Thiru Varatharajan M.S	2	LM 788	02-Dec-46 Thiru Menon CDR M.D.
16	LM 775	19-Oct-39	Thiru Shanmugam C P	3	LM 363	03-Dec-31 Thiru Aravamudha Chary S
17	LM 755	21-Oct-35	Tmt Parvathi Umashankar	4	LM 689	05-Dec-48 Dr. Lalitha Govindan
18	LM 125	24-Oct-34	Er. Vaidyanathan .V.R	5	LM 659	07-Dec-39 Dr Sampath Kumar K
19	LM 577	24-Oct-33	Thiru Chidambaram M	6	LM 481	12-Dec-41 Thiru Sathyanarayanan K
20	LM 846	25-Oct-30	Thiru Prasad C.N	7	LM 507	14-Dec-31 Thiru Kanthimathinathan A C/o.K.Selvakumar
21	LM 739	26-Oct-27	Dr Ramaiah D.S.	8	LM 912	19-Dec-40 Tmt Pramila Ethiraj
22	LM 677	30-Oct-49	Er. Sudarson V	9	LM 87	20-Dec-39 Er. Rajah S.P
1	LM 837	01-Nov-43	Thiru Kumaran Thambi,N	10	LM 568	22-Dec-65 Dr Neela Patel C/o.Vipanachee
2	LM 506	02-Nov-50	Thiru Gurumurthy J	11	LM 257	23-Dec-40 Capt. Krishnamoorthy N
3	LM 345	03-Nov-39	Er. Manickam. S	12	LM 932	26-Dec-42 Thiru Venkata Subramanian
4	LM 687	04-Nov-48	Thiru Narendra J.Dave	13	LM 951	30-Dec-36 Thiru Ramoji P B
5	LM 413	05-Nov-27	Thiru Subbaiah K	14	LM 939	30-Dec-50 Tmt Maria pooranam,G
6	LM 575	07-Nov-30	Thiru Seshadri R c/o.s.Damodaran,			

*Birthday greetings will be sent on the members birthdays promptly. Members are once again requested to contribute liberally to our "Sun Shine" fund and strengthen our financial position.*

**P. Sethu Seshan, Secretary General SCB**

**If undelivered please return to:**

### SCB NEWS

C/O. P. Sethu Seshan  
768/1, 9th Street,  
Anna Nagar (WE),  
Chennai - 600 101.

To